

February 2025

	Circle Time	Whole/Small Group, Read-Aloud	Fine/Gross Motor, Choice Time	Creative Expression
Theme 1 • Feeling My Best				
Monday February 3	Pink Color Piece	What Does It Mean to Feel Your Best? • Hygiene Match • Feeling My Best Theme Book • Frozen Strawberry Banana Snack	Emotion Portraits	Contrast Strips, Part 1
Tuesday February 4	Letter P Sound Introduction	What Is a Strong and Healthy Body? • Featured Books for Feeling My Best • Roll and Color	I’m Healthy Charades Learning Center Material • Splint Investigation	Contrast Strips, Part 2
Wednesday February 5	Number 13	What Foods and Drinks Help Keep You Healthy? • Number Thirteen Math Activity Mat • Food and Feelings	Dental Office • Food Prep	Rolling Tracks
Thursday February 6	Letter P Name and Grapheme Introduction	What Is Physical Activity? • How Do Hearts Work? • Read and Move with Me	Block Challenges • Moving Our Bodies	P Is for Pig
Friday February 7	Heart Shape	What Is a Wellness Checkup? • My Face/ Mi Cara • Healthy Kids Around the World • Doctor’s Office	Counting Hole Punches	Heart Frame
Monday February 10	Pink Review	What Do You Do When You Don’t Feel Well? • Letter P Sensory Exploration • My Amazing Body • Quiet Space • National 911 Program	-	Paper Quilling
Tuesday February 11	Letter Q Sound Introduction	What Are Senses? • Sensing Surroundings • Healthy Kids Need... • The Five Senses, Part 1	Playdough Tinker Tray	Special Valentine
Wednesday February 12	Counting Gems	What Are Emotions? • Feelings Ball • Naming Feelings • The Five Senses, Part 2 • Number Race	-	My Many Feelings
Thursday February 13	Letter Q Name and Grapheme Introduction	How Can You Express Your Emotions? • Handling Emotions • Hand Signal for Questions • Would You Rather?	Writing About Feelings	Q Is for Question Mark
Friday February 14	Paper Hearts	What Have You Learned About Your Health and Well-Being? • Letter Q Sensory Exploration • Feeling My Best Theme Review • Sending Well-Wishes • Coding with Colored Hearts	-	Happy Face
Theme 2 • Rainforest Explorers				
Monday February 17	Letter R Sound Introduction	What Is a Rainforest? • Rainforest Animals Learning Center Material • Featured Books for Rainforest Explorers	Rainforest Scene • Jungle Shimmy	Hanging Vine
Tuesday February 18	Number 14	Where Are Rainforests Located? • Comparing Home to the Rainforest • Rainforest Explorers Theme Book • Number Fourteen Math Activity Mat	Camouflage	Disappearing Art
Wednesday February 19	Draw with Pink	What Is the Weather Like in a Rainforest? • Condensation Demonstration • Our Weather Today • Rainstick Sound Exploration	Tape Resist	Decorated Rainstick
Thursday February 20	Letter R Name and Grapheme Introduction	What Are the Layers of a Rainforest? • Tropical Terrarium • Creating a Picture Glossary • Rainforest Floor Fun	Block Layers	R Is for Road
Friday February 21	Grid of 14	What Kinds of Plants Are Found in a Rainforest? • Letter R Sensory Exploration • Point, Act, Tell Again • Flower Math • Tropical Fruits Tasting	-	Rainforest Collage
Monday February 24	Practicing Ending Sounds	What Creatures Live in a Rainforest? • Monkeying Around February Math Game • Syllable Guessing Game • A Bug’s World	Build a Bird	Silly Monkey
Tuesday February 25	Four Corners	What Is Daily Life Like in the Rainforest? • Compound Words • Animal Families • Sounds of the Rainforest	Linking Snakes	Camouflaged Chameleon, Part 1
Wednesday February 26	Color Wheel Collage	What Products Does the Rainforest Provide? • What’s Inside a Coconut? • Enhance the Word Wall • Mystery Spices • Coffee Exploration	-	Camouflaged Chameleon, Part 2
Thursday February 27	Tallying Numbers	Why Are Rainforests Important? • Tropical Baked Oatmeal • Who Am I? • Creating Oxygen • Tropical Puzzles		Pretty Parrot
Friday February 28	Stamped Letters	What Have You Learned About Rainforests? • Tropical Animal Silhouettes Learning Center Material • Rainforest Explorers Read-Aloud Review • Wildlife Signs • Banana Bites	-	Fluttering Butterflies

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Monday February 24				
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Thursday February 27				
Friday February 28				